

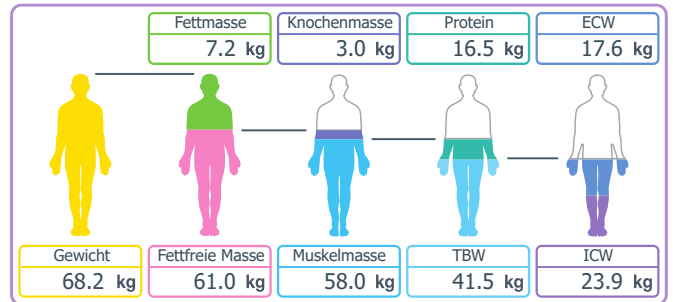
Datum 06.04.2024 04:58

ID	k1735					
Name				Größe	178.0	
Alter	41	männlich	Typ	Normal	PT	0.0

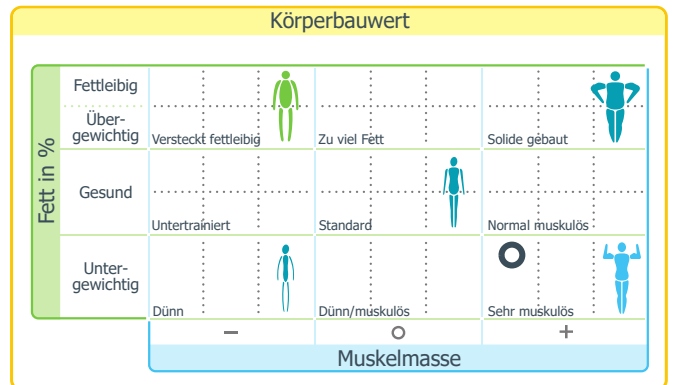
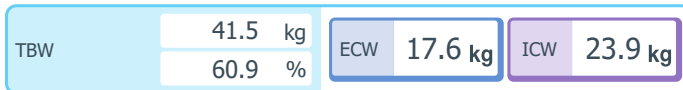
Sarkopenie-Index (SMI): 8.27 kg/m<sup>2</sup> /  
Skelett-Muskel-Masse (SMM): 32.0 kg (47.0%)

## Details

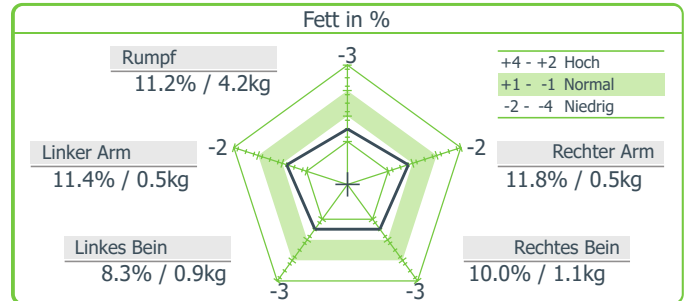
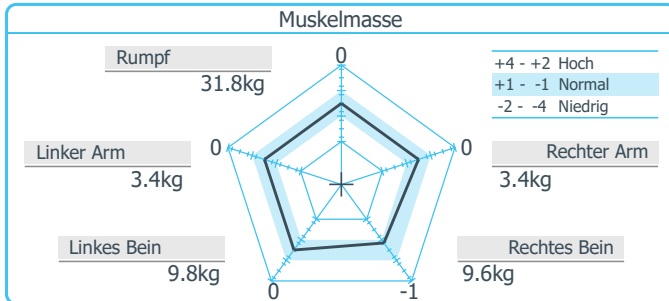
MC-780	Ergebnis	Idealwerte	Ziel	
Gewicht	68.2 kg	58.6-79.2 kg	kg	kg
Fett in %	10.5 %	11.0-22.0 %	%	%
Fettmasse	7.2 kg	7.5-15.0 kg	kg	kg
Fettfreie Masse	61.0 kg	53.5-61.0		
Muskelmasse	58.0 kg	50.5-58.0		
BMI	21.5	18.5-25.0		
Metabolic Age	26.0			



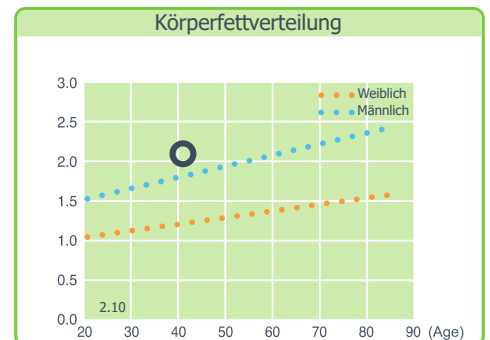
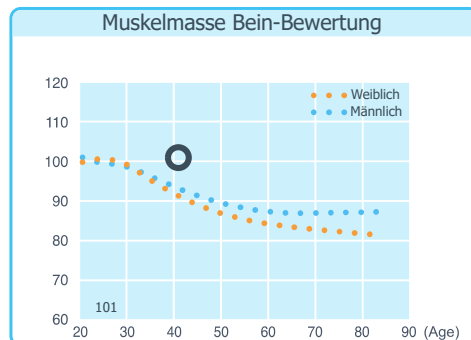
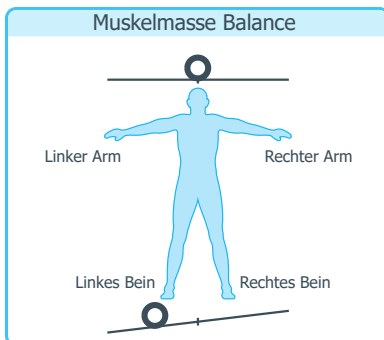
## BMR VDR TBW



## Segmentanalyse

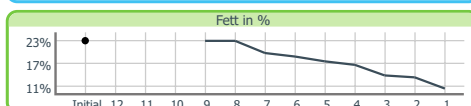
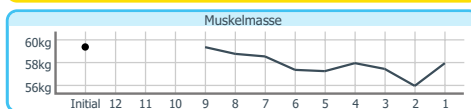
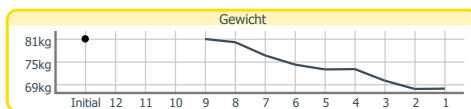


## Balance



## Geschichte

	Gewicht	Muskelmasse	Fett in %
Aktuell	68.2	58.0	10.5
01.04.2024	68.1	56.0	13.4
18.03.2024	70.3	57.5	13.9
02.03.2024	73.3	58.0	16.7
27.02.2024	73.2	57.3	17.6
17.02.2024	74.5	57.4	18.9
03.02.2024	76.9	58.6	19.8
17.01.2024	80.4	58.8	23.0
03.01.2024	81.2	59.4	23.0
Initial	81.2	59.4	23.0



### BIA Informationen

	1kHz	5kHz	50kHz	250kHz	500kHz	1MHz	Phasen Winkel
H-L	587.3	516.8	460.6				5.9°
RL	25.0	53.4	44.8				5.4°
LL	253.8	223.9	203.4				5.4°
RH	10.3	21.3	15.9				6.6°
LH	240.6	212.5	193.5				6.3°
L-L	10.0	20.2	15.0				5.6°
RH-RL	321.7	282.2	248.7				6.1°
	15.7	33.4	30.4				
	13.9	31.0	27.7				
	496.0	437.3	397.2				
	20.5	42.5	30.8				
	608.0	532.7	476.2				
	27.5	56.7	47.6				